

Member of
Jennices



at Tubac Golf Resort



Tubac Golf Resort and Spa welcomes you to our hacienda-style Spa, an idyllic location for you to relax, rejuvenate and discover your renewed vitality. The Spa is located at the center of the Resort and is an oasis of desert luxury awaiting your arrival. Surrounded by dramatic desert landscapes, winding brick pathways, grazing cattle, cascading fountains, lush golf courses, and the majestic Santa Rita and Tumacacori Mountain ranges, the Tubac Golf Resort & Spa is a larger-than-life celebration of boundless inspiration.

Our 4000 square foot luxurious world-class Spa offers complete tranquility, state-of-the-art Spa amenities with specially designed treatments to choose from which have been carefully selected and created for our guests and are indigenous to our region.

Our Spa provides both men's and women's separate changing areas. Each includes a sauna and a eucalyptus steam room. We will provide you with your own locker, plush robe and Spa sandals.

Before or after your service, retreat to our outdoor whirlpool tub and relax in the warm desert air while listening to the water feature and desert wildlife. Our Spa lounge provides a wonderful array of magazines and books to read. We welcome you to enjoy our complimentary Spa waters, teas or juices and enjoy a few nuts or berries during your visit to the Spa. For those who visit the Spa for the entire day, you're welcome to order lunch from our special Spa menu.



Spa Hours

Spa hours are 9:00 a.m. to 6:00 p.m. Monday through Saturday, 10:00 a.m. to 5:00 p.m. Sunday.

Spa hours are subject to change out of season.

For information or appointments, please call **520-398-3545** or email: Spa@tubacgolfresort.com

Breathe

Reservations ~ For the widest selection of treatments and appointment times, we recommend reserving your Spa services at least two weeks prior to your visit. Please allow additional notice when booking for groups, holidays, and weekends. Special packages and arrangements can be made for wedding parties. All Spa treatments must be guaranteed with a credit card. For more details, please contact the Spa at **520-398-3545** or email: **Spa@tubacgolfresort.com**

Facility Use ~ Guests are welcome to use the Spa amenities for a small fee. However, this fee is waived with the purchase of any Spa service. Guests must be 14 years of age or older to use the Spa facilities. Children between the ages of 8-13 are welcome, but must be accompanied by an adult during their service.

Tranquil Environment ~ The Spa is an environment for relaxation and tranquility. Please respect all of our guests' rights to privacy and quiet by turning off pagers and cellular phones before you enter the Spa.

Outdoor Patio ~ The Spa offers an intimate patio for you to enjoy during your visit with us. Relax in the desert air while listening to the soft music. It is a lovely location to read a book, have lunch with a friend, or take a nap. Please remember to bring your swimwear while visiting the Spa.

Personal Possessions ~ We regret that we cannot be responsible for the loss of or damage to personal articles, including clothing and accessories. We ask you to remove all jewelry before any service. We recommend leaving your jewelry at home or in the safe provided in your guestroom.

Maximizing Your Spa Experience ~ We recommend arriving at least one-half hour prior to your scheduled appointment. This will allow you time to register and change into your robe in time for your treatment. Your treatment allows you full use of all Spa facilities for the day, and you are welcome to arrive as early as 15 minutes prior to daily opening time to enjoy our amenities. If you are receiving a facial, please take time to complete the Spa intake form before your arrival to make your experience more relaxing.

Cancellation Policy ~ When making your reservation, you will be asked to provide a valid credit card to hold your appointment. Your credit card will not be charged at this time, and you are welcome to present a different method of payment at time of departure. Your credit card will only be charged in the event of a same day cancellation. If you must cancel or reschedule your Spa service, please let us know 24 hours ahead of time to avoid being charged for a scheduled treatment. The Spa strictly adheres to our cancellation policy.

Spa Gratuity ~ For your convenience, a 20% charge is added to your Spa invoice. After your service, in the event that you wish to leave any additional gratuity, envelopes are located at the front desk.

Gift Cards ~ A Spa gift card is an ideal gift year-round for any special occasion. Telephone and mail orders are available. For more information, please call the Spa at **520-398-3545** or email: Spa@tubacgolfresort.com.

The Boutique ~ After your Spa experience browse through our Spa Boutique filled with wonderful Spa products to assist you on your path to a better you and to remind you of your special day at the Tubac Spa.

Tubac Spa



Massage Services

Focus Massage

Communicate to your therapist where your aches and pains are. This treatment will focus on those areas and have you feeling back to normal. 25 minutes

Tubac Massage

The ever-popular Swedish massage with our signature Southwest Fragrance will relax your entire body. This massage improves circulation, enhances balance, and decreases recovery time. 50 or 80 minutes

Deep-Muscle Massage

A Deep-Muscle Massage targets those overworked areas we carry with us every day and releases the lactic acid more quickly and effectively for a speedier recovery. For specific tension areas an application of sports gel can be used. 50 or 80 minutes

Gemstone Massage

Are you feeling out of balance? This treatment begins by placing Chakra gemstones on your body to bring balance to your energy pathway. The service continues with a full-body massage using smooth warm desert stones as massaging tools to release tension from your body. 50 or 80 minutes

Golfer's Delight

Your massage begins with an application of assorted heat packs to the back and legs to provide penetrating heat to your problem areas. Then your therapist will use a combination of massage techniques and stretches to release muscle tension. This massage will release toxins, relieve stress and stimulate circulation in troubled areas. 50 or 80 minutes

Mommy-To-Be Massage

Sore back? No worries. We can help with our safe full-body massage. We use our special body support system so expecting mothers can lie on their stomach and relax their sore back muscles. 50 or 80 minutes

Couples Massage

Spend time relaxing with the special someone in your life during a side-by-side massage in our Couples Suite. You may choose between Swedish or Deep Muscle. 50 or 80 minutes

Breathe

❁ Tui-Na Five Elements Massage

For the ultimate in mind-body transformation our acclaimed **signature massage** draws on ancient Chinese techniques to balance your body's meridians using soft-tissue manipulation infused with a moisturizing balm. The benefits continue long after your massage is complete. 80 minutes

❁ Reflexology

This treatment helps to balance the entire body's Chi by using pressure points in the feet and hands. The therapist will work the physical aspect of your feet, while stimulating your energetic points that correspond to your other body parts and organs. Warm compresses are applied to the feet and hands. 25 minutes includes Reflexology to the feet, 50 minutes includes Reflexology to the feet and hands. 25 or 50 minutes

❁ Reiki

Reiki is a Japanese word representing Universal Life Energy, the energy which is all around us. Reiki, when activated and applied to the purpose of healing, addresses mind, body and spirit. A Reiki treatment is given with gentle hand placements on the head, abdomen and back. Reiki is a traditional healing art that accelerates the body's ability to heal. It is a unique experience for everyone and often induces deep relaxation. 50 or 80 minutes

❁ Scalp Massage and Hair Treatment

A relaxing and rejuvenating service designed to pamper the tension areas of your head. A therapist will use pressure points in the head, ears, and face to bring harmony to your entire body. A restoring hair oil and conditioner will be applied to your scalp to leave your hair moisturized and lustrous. 25 or 50 minutes



Body Services

Each of our body services is a pampering experience which stimulates circulation, eliminates toxins, and increases the flow of nutrients to rebalance and remineralize the body. The Tubac Body Treatments use specialized products in order to accomplish this goal. Enjoy the rain-like effect from the Vichy Shower and the thirteen showerheads from the Swiss Shower as the products are washed from the body. Whether you experience the 50-minute Retreats or the 80-minute Experiences, you will leave feeling refreshed and renewed.

Golden Glow

Treat yourself to glowing summer skin without the damaging effects of the sun. Our Golden Glow body bronzer begins with a full body exfoliation to ensure an even result. Your therapist will massage the sunless tanning lotion over your entire body leaving your skin radiant with a healthy summer glow immediately! Please note: We recommend you shave or wax before your service. In order to achieve optimal results, we recommend you do not dress or shower for at least 20 minutes. Results of tanning vary with each client. 50 minutes

Respiratory Rescue

Are you feeling under the weather? This is an excellent treatment to give your body a healthy boost. The wrap benefits the upper respiratory system and detoxifies the body. The treatment begins with a dry brush, followed by an application of eucalyptus body treatment, then cocooning. After the revitalizing shower, an application of honey is completed and the guest is escorted to the steam room to relax while the honey naturally moisturizes the skin. 50 minutes

3 retreats

Margarita Lime Salt Retreat

A lemon/lime fragrance is infused with sea salt to exfoliate the impurities from your skin. The natural acids from the fruit combined with grape seed oil leaves your skin revitalized and moisturized. 50 minutes

Avocado Nut Retreat

The use of the avocado nut with a combination of avocado oils gently buffs away the dry lifeless skin layer leaving a smooth and moisturized layer. 50 minutes

Desert Pearl Experience

Milk baths are legendary, but at the Spa we made it a luxurious experience. This escape begins with a full-body milk cleansing which rids the body of its impurities. A creamy milk exfoliant is applied with circular motions to remove the dead skin layer and a massaging application of pearl lotion is applied that leaves your skin nourished and revitalized. 80 minutes

Avocado Experience

Refresh the body from head to toe with our Avocado Experience. This softening body scrub applied with gentle circular movements will refresh your skin. Then your body will be cocooned in a warm application of our unique avocado body mask and revitalized with a massaging application of avocado lotion. 80 minutes



Facial Services

Pick-Me-Up

Not much time? Well, we have a solution! The rapid exfoliating properties of this treatment can reveal younger looking skin while stimulating the growth of new skin cells and all in 25 minutes!

Tubac Facial

A refreshing facial treatment for all skin types that cleanses your skin of impurities while thoroughly moisturizing the entire face. It is perfect for a first-timer or those who like the classic facial experience. During the treatment your therapist will place Chakra stones on your energy pathway to vitalize the interactions of both your physical and mental nature. Choose the 80-minute facial if you'd like to enjoy a relaxing hand and foot treatment with our signature Southwest Fragrance. 50 or 80 minutes

Regenerating Facial

Designed to give all skin types that special, pampered treatment they deserve. The combination of SkinCeuticals products help leave the skin hydrated, refreshed, and ready to take on the environmental ravages of the day. It is the perfect antidote for skin that needs a circulation boost. 50 or 80 minutes

Breathe

Firming Facial

The Firming Facial is ideal for the client who desires luminous, hydrated, firmer skin. This facial leaves the skin feeling and looking healthier with a radiant, firmer complexion. 50 or 80 minutes

C The Difference

Get your skin's minimum daily requirement of Vitamin C with this moisturizing facial that hydrates even the driest of complexions. Our special products will seal in moisture and soothe every square inch of your face, leaving your skin feeling renewed. Taking vitamins was never so easy! 50 or 80 minutes

Soothing Facial

Peaceful balance and beautiful skin awaits when you soothe your face with this treatment specifically formulated for allergic, sunburned, reactive and sensitive skin. The most gentle of products bring harmony back to your complexion, while the calming mask lowers the skin's temperature reducing any redness, leaving your skin calm and refreshed. 50 or 80 minutes

Timeless Beauty

Slow the signs of aging with this anti-aging facial. Our alpha and beta hydroxyl acids and high frequency treatment stimulates cellular renewal and collagen production which can help improve your skin's elasticity and keep tissues from sagging, making your skin look young again. Deep and surface wrinkles fade and the face is lifted for a youthful and radiant complexion. 50 or 80 minutes

Desert Stone Facial

This invigorating treatment combines desert flowers and mineral-rich stones, which help harmonize your mind and body by stimulating intuition and creativity through vibrations. A specific anti-wrinkle massage using facial stones and a Rhodochrosite mineral-rich stone with a thermo-lifting mask makes this an extremely effective treatment. 50 or 80 minutes

Gentlemen's Treatment

For the men who want the deep-pore cleansing, but not the glow! This facial will hydrate the skin from the dry air. This treatment is therapeutic and relaxing and leaves the skin toned and revived. 50 or 80 minutes. **Please shave at least 2 hours prior to your treatment.**

Gel Peel

Using specially formulated products from SkinCeuticals, this treatment will minimize the appearance of surface lines, smooth out rough skin texture, aid in clearing acne, and help fade hyperpigmentation. 50 or 80 minutes

For Those Eyes and Lips

Don't neglect your two most prominent facial features one minute longer! Treat them to this specialized indulgence, which nourishes both delicate areas with a hydrating formula, leaving you with soft lips and noticeably smoothed eye contour. This service is perfect to add to any of our facials or can be experienced by itself. 25 minutes

Breathe



Add-Ons

To complete your day at the Spa, add a Shampoo Blow-Dry and/or Make-Up Application.

Paraffin for your hands and feet is a special treat for yourself that will add immediate moisture.

Waxing

Lip, Brow, Chin, Underarm	15 minutes each	Half Leg / Full Leg	25 / 50 minutes
Thigh	25 minutes	Bikini Area	45 minutes

Relax



Spa Packages

Tubac's Classic Spa Package - 4 hours

Sample all our Tubac services which include a 50-minute massage, 50-minute facial, manicure and pedicure. During your day with us you will also be treated to a Spa lunch.

The Desert Pearl Day - 4 hours

Need a high dose of moisture? Enjoy our 80-minute Desert Pearl Body Experience as well as our Desert Pearl Manicure and Pedicure. During your day with us you will also be treated to a Spa lunch.

Gemstone Delight - 4 hours

This is the ultimate in luxury. Let us pamper you with the best of the best; a 50-minute Gemstone Massage, 50-minute Desert Stone Facial, and our Cactus Blossom Stone Manicure and Pedicure. During your day with us you will also be treated to a Spa lunch.

The Way You Want It - 4 hours

You're here to celebrate so leave the work to us. Choose a specialty massage or facial, one of our body treatment experiences, and a French manicure and pedicure. Indulging yourself in these services will leave you relaxed and ready for your special event.

Breathe



Wedding Packages

Packages may be customized to meet the needs of your party.
Please contact the Spa at 398-3545 for more details.

Congratulations are in order and we have the perfect way for you to celebrate!

Your Special Day - 5 hours

Congratulations on your Engagement! Now is the time to pamper yourself and prepare for your Big Day! Enjoy our Desert Pearl Experience, C The Difference Facial, Tubac Manicure and Pedicure with French polish, eyebrow shaping, and bikini wax.

Bridesmaid Package - 3 hours

Your girlfriends have been with you from the beginning. Why not indulge them with a Bridesmaid Package, which includes a Tubac Massage, Margarita Lime Salt Retreat body treatment, and a Tubac Manicure and Pedicure with French polish. The perfect treat for your bridesmaids!

The Big Day Package - 2.5 hours

Our talented staff will ensure your day is perfect. You will leave us knowing you're ready to walk down the aisle and leave your groom breathless. Package includes a French Manicure, Wedding Day Make-Up Application, and Wedding Day Hair.

Groom's Package - 2 hours

What more could a groom ask for on his wedding day than a relaxing Deep-Muscle Massage, Gentleman's Manicure, and a Gentleman's Haircut. Your bride will notice your relaxed, polished appearance immediately.

Bride and Groom Celebration Package - 4 hours

Celebrate your new life together with something each of you will benefit from. The gift of relaxation these special services provide may be your best Wedding present!

- ♥ For the Bride ~ Desert Pearl Experience, 80 minutes.
- ♥ For the Groom ~ Gentleman's Facial, 80 minutes.
- ♥ To Enjoy Together ~ Tubac Couples Massage, 80 minutes.

Breathe



Salon Services

The Salon will impress you with the peaceful surrounding and many special touches made to ensure the ultimate experience of relaxation. You can rest assured our trained professionals will assist you in all your beauty needs.



✿ **Salon Hours** ~ Salon hours are 10:00 a.m. to 5:00 p.m. Mon-Sat. For more information or to schedule your appointment, please call **520-398-3543**.

✿ **Cancellation Policy** ~ If you must cancel or reschedule your Salon service, please let us know 4 hours ahead of time to avoid being charged for a scheduled treatment. The Salon strictly adheres to our cancellation policy.

✿ **Salon Gratuity** ~ For your convenience, a 20% charge is added to your nail appointments. After your service, in the event that you wish to leave any additional gratuity, envelopes are located at the front desk. Leaving a gratuity for hair services is left to your discretion.


✿ **Gift Cards** ~ A Salon gift card is an ideal gift year round for any special occasion. For more information, please call the Salon at **520-398-3543** or email: **Spa@tubacgolfresort.com**.

✿ **The Salon Boutique** ~ Feel free to browse through our Salon Boutique. We carry a full line of Aveda hair products as well as numerous other products aimed at helping you maintain your hair and nails.



Hair Services

- ❁ **Gentleman's Cut** ~ A warm towel, a gentle shampoo and a quick haircut just for the gentleman.
- ❁ **Haircut Consultation** ~ Meet with one of our hairstylists to determine what hairstyle will best suit your type of hair, physical traits, as well as your lifestyle.
- ❁ **Custom Haircut (shampoo, cut, style)** ~ Let one of our stylists treat you to a cut that will have you receiving compliments from all your friends. Included with each custom cut is a stress relieving treatment using our unique Aveda products.
- ❁ **Dry Cut** ~ A barber-style cut designed to help you maintain your look in between Custom cuts.
- ❁ **Bang Trim** ~ Need a little maintenance between haircuts? Let us get you back to looking great.
- ❁ **Shampoo-Set, Shampoo-Blow Dry** ~ Let us do the work for you. We will gently shampoo, condition and style your hair just the way you want it.
- ❁ **Color/Highlight Consultation** ~ Meet with one of our colorists to determine what colors can be used to achieve a better looking you.
- ❁ **Hair Color** ~ Need a refresher or would you like to try something new? Our colorists can help you achieve the look you want.

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- 🌸 **Highlights and Lowlights (Partial/Full)** ~ Add some multi-dimensional color effects to your hair to give it a refreshing new look.
- 🌸 **Special Occasion Hair** ~ Need a special look for a Special Occasion? Let us help you look and feel your best.
- 🌸 **Make-up Application** ~ Let one of our professionals apply your make-up for any occasion. Take your time, ask questions and leave feeling especially beautiful.
- 🌸 **Wedding Day Hair** ~ Let one of our stylists give you an up-do for your Wedding Day that will leave your groom breathless.
- 🌸 **Wedding Day Make-up Application** ~ Let one of our professionals take the stress out of your Wedding Day by applying your make-up. Price includes a trial make-up application.
- 🌸 **Deep Conditioning** ~ A luxurious treatment to assist you in keeping soft, luxurious hair.
- 🌸 **Scalp Treatment** ~ A treatment that will leave your scalp healthier and more supple.

Beauty



Nail Services

Tubac Manicure or Pedicure

Our basic is someone else's specialty. We go the extra mile and add a hydrating mask for your hands or feet and use our signature Southwest Fragrance for a massage on top of the normal nail service. 40 minutes Hands or 50 minutes Feet

Desert Pearl Manicure or Pedicure

The treatment begins with an invigorating milk bath, which is a luxurious encasing experience. Your skin will then be cleansed with a milk cleanser, gently exfoliated with a milk scrub and topped off with a massage of pearl lotion. 40 minutes Hands or 50 minutes Feet

Cactus Blossom Stone Manicure or Pedicure

The desert cactus flower, Queen of the Night, was bestowed her name because the beauty of her blossom is only revealed under the veil of darkness. The extracts from this elusive flower lend a spicy scent and a mantle of moisture to this decadent service. This treatment includes a relaxing massage using warm stones to coax mind and body into a state of calm. 50 minutes Hands or 60 minutes Feet

Health



Fingers or Toes Polish Refresher

This is not a normal polish change. We like to make sure our guests leave with a refresher for their entire nails, while changing the original color. 20 minutes Hands or 25 minutes Feet

A French polish may be added to any nail service if desired.

Beauty



the **Spa & Salon**
at Tubac Golf Resort

1 Otero Road · Tubac, AZ 85646

Phone: 520.398.3545 Email: Spa@tubacgolfresort.com

www.tubacgolfresort.com